

IN THE CLAIMS

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CENTRAL FAX CENTER
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1. Cancelled.
2. Cancelled.
3. Cancelled.
4. (currently amended): An exercise device comprising:
 - a length of resilient tubing having a first free end and a second free end;
 - a strap handle connected to the first free end;
 - a strap handle connected to the second free end;
 - a first tubular section constructed of rubberized foam and having an inner diameter sized to slidably receive the resilient tubing;
 - the resilient tubing threaded through the first tubular section with the first tubular section positioned approximately midway between the first and second free ends;
 - a separate second tubular section, constructed of rubberized foam, slidably receiving the resilient tubing and positioned between the first free end and the first tubular section, the second tubular section further positioned in spaced apart relation with the first tubular section; and
 - a separate third tubular section, constructed of rubberized foam, slidably receiving the resilient tubing and positioned between the second free end and the first tubular section, the ~~third~~ first tubular section further positioned in spaced apart relation with the third tubular section; ;

a waist belt including a buckle means for buckling ends of the belt together;

a "D"-ring secured to the belt on an outward side of the belt;

a karabiner for connecting a strap handle to the "D"-ring;
and

a non-slip means attached to an inward side of the belt for preventing the belt from slipping when the belt is buckled onto a user.

5. (original): The exercise device according to claim 4 further including a strap loop connected to the first tubular section.

6. Cancelled.

7. Cancelled.